

common mild allergen guide

IF YOU HAVE A SEVERE FOOD ALLERGY, please inform your server and ensure that a manager handles your order personally, to confirm your food is prepared safely.

If your allergy or intolerance is not severe and you are comfortable eating foods that contain very small amounts of the identified allergen then please use this guide along with our main menu to make your selection.

	contains dairy	contains onions	contains garlic	contains shellfish	contains fish	contains peanuts	contains tree nuts	contains eggs	contains soy	vegetarian item
appetizers										
tuna poke		✓ * no sauce	✓ * no sauce		~				✓ * no sauce	
guac & chips	✓ * no cheese		✓ * no chimichurri							V
calamari with grilled shishito peppers	~	~	~		~					
mini mac sliders		~	~					~	~	
lettuce wraps		~	~	~				~	~	V * no meat
shark bites		~	~						~	
parmesan truffle tater tots	✓ * no cheese		~		~					
poutine	~	~	~						✓ * no gravy	
fried pickles	~	~	~					~	✓ * no sauces	V
chicken tenders		~	~					~	~	
brussels sprouts	✓ * no cheese									v * no cheese
chicken quesadilla		~	~						~	V * no chicken
grilled shishito peppers	~		~							v
keg of nachos	~	✓ * no salsa								V
meatball skillet (select locations)	~	~	~					~		
chicken wings			~							

salads								
tex-mex salad	✓ * no cheese no lime sauce	>	~			✓ * no guadalajara sauce		V * no meat
steak salad		>	~			✓ * no egg		V * no protein
tuna blt salad	•	•	~	~				v * no bacon bits, no tuna
caesar salad	•		~			~	✓ * no dressing	V * no dressing

handhelds (also see sides)								
classic burger			✓ * no aioli	~		~	~	
shark burger		✓ * no onions	✓ * no aioli	~		~	~	
veggie burger	✓ * no cheese	~	~			✓ * sub lettuce bun	✓ * sub lettuce bun	V
cajun chicken burger	✓ * no cheese, no sauce	~	~			✓ * no sauce	~	
chicken quesadilla	✓ * no cheese	~	~				~	V * no chicken
steak sandwich		v * no onions no spice	~			✓ * no aioli	w * no caesar salad no bread	
roast beef dip	✓ * no au jus	w * no onions, no au jus, no gravy	✓ * no aioli, no gravy			✓ * no aioli	✓ * no bun, mayo, gravy or au jus	
fish tacos	>	~	~	~		~	~	
southern fried chicken sandwich	>	~	~			✓ * no mayo	~	

- checked items contain the ingredient
- * starred items can be prepared without the ingredient at your request please be aware that modified items may contain very small amounts of the identified allergen
- unchecked items are considered safe for mild allergies or intolerances, and may contain very small amounts of the identified allergen
- v vegetarian items



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pizzas										
the og	>	~	~					>	~	V
tenderoni	~	>	~					>	~	

mains (also see sides)									
sushi bowl		w * no pickled onions, no sauce	✓ * no sauce				✓ * no sauce	✓ * no sauce	
steak frites		* no chimichurri	✓ * no chimichurri		✓ * sub fries				
steak frites & garlic prawns		•	•	>					
jambalaya	>	•	•	✓ * no prawns					V * no protein
ginger beef rice bowl	>	•	•					>	V * no beef
spaghetti & meatballs	>	•	•		•		>		
butter chicken	>	•	•			•	>	•	

dessert							
chocolate chunk cookie skillet	>				~	~	V

sides								
green salad	✓ * no dressing	✓ * no dressing	✓ * no dressing				✓ * no dressing	V
caesar salad	•	~	~		>			v * no dressing
fries		✓ * no fry salt	✓ * no fry salt					V
jasmine rice		~						V
grilled chicken breast (add on or substitute)								
pulled chicken (add on to nachos or tacos)		~	~					
spicy beef (add on to nachos)		~	~					
prawns (add on or substitute)	-		✓ * no garlic butter	•				

checked items contain the ingredient

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